



Approved by:

Hayley

Best Day Of My Life

2 WALL – 48 COUNTS – IMPROVER

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1 1 – 2 3 & 4 5 – 6 7 & 8	Side Rock, Cross Shuffle, Side Rock, Coaster 1/4 Turn Rock left to left side. Recover onto right. Cross left over right. Step right to right side. Cross left over right. Rock right to right side. Recover onto left. Step right back. Turning 1/4 right step left beside right. Step right forward. (3:00)	Side Rock Cross Shuffle Side Rock Coaster Turn	On the spot Right On the spot Turning right
Section 2 1 – 2 3 & 4 5 & 6 & 7 – 8	Step, Pivot 1/2, Forward Shuffle, Syncopated Rocking Chair, Step, Pivot 1/4 Step left forward. Pivot 1/2 turn right. (9:00) Step left forward. Close right beside left. Step left forward. Rock forward on right. Recover onto left. Rock back on right. Recover onto left. Step right forward. Pivot 1/4 turn left. (6:00)	Step Pivot Left Shuffle Rocking Chair Step Pivot	Turning right Forward On the spot Turning left
Section 3 1 – 2 3 & 4 5 & 6 7 – 8	Walk Forward x 2, Heel Ball Step x 2 Turning 1/4, Forward Rock Step right forward. Step left forward. Touch right heel forward. Step right beside left. Step left forward turning 1/8 left. Touch right heel forward. Step right beside left. Step left forward turning 1/8 left. Rock forward on right. Recover onto left. (3:00)	Walk Walk Heel Ball Step Heel Ball Step Rock Forward	Forward Turning left On the spot
Section 4 1 & 2 3 – 4 5 & 6 & 7 – 8	Back Shuffle, Back Rock, Syncopated Rocking Chair, Step, Pivot 1/4 Step right back. Close left beside right. Step right back. Rock back on left. Recover onto right. Rock forward on left. Recover onto right. Rock back on left. Recover onto right. Step left forward. Pivot 1/4 turn right. (6:00)	Shuffle Back Rock Back Rocking Chair Step Pivot	Back On the spot Turning right
Section 5 1 – 2 3 – 4 5 – 6 7 & 8	Forward Rock, 1/2 Turn, Step, Forward Rock, Back Shuffle Rock forward on left. Recover onto right. Step left forward making 1/2 turn left. Step right forward. (12:00) Rock forward on left. Recover onto right. Step left back. Close right beside left. Step left back.	Rock Forward Half Turn Rock Forward Shuffle Back	On the spot Turning left On the spot Back
Section 6 1 & 2 3 – 4 Tag/Restart 5 – 8	Shuffle 1/2 Turn, Side Rock, Jazz Box Shuffle step 1/2 turn right, stepping - right, left, right. (6:00) Rock left to left side. Recover onto right. Wall 3: Dance 2-count Tag here then start the dance again from the beginning. Cross left over right. Step right back. Step left to left side. Step right forward.	Shuffle Half Side Rock Jazz Box	Turning right On the spot
Tag 1 – 2	Wall 3: Dance to Count 44 then Stomp left forward. Stomp right forward. Restart the dance from the beginning.		

Choreographed by: Hayley Wheatley (UK) July 2014

Choreographed to: 'Best Day Of My Life' by American Authors from CD Oh, What A Life; download available from amazon or iTunes (16 count intro)

Tag/Restart: One 2-count Tag during Wall 3, followed by Restart



A video clip of this dance is available at www.linedancermagazine.com