

LET IT ALL OUT

Choreographed by Johanna Barnes

Description: 64-count, 2-wall, intermediate line dance

Music: Tonight Tonight by Hot Chelle Rae



Johanna Barnes

**Intro: 4 counts including “Uno, dos, tres,”
Count 1 is the on the word “really”**

1~8: TOUCH CROSSES, MAMBOS

- 1 R touch to R side
- 2 R step across L
- 3 L touch to L side
- 4 L step across R
- 5 R push step forward
- & recover weight back on L
- 6 R step back
- 7 L push step back
- & recover weight forward on R
- 8 L step forward

9~16: ROCK- ¼ RECOVER R, TRIPLE ¼ R, STEP ½ TURN R, WALK L, WALK R

- 1 R push step forward
- 2 recover weight back and ¼ R onto L (3:00)
- & R step to R side
- 3 L step next to R
- 4 R forward step ¼ R (6:00)
- 5 L step forward
- 6 ½ right turn onto R (12:00)
- 7 L step forward
- 8 R step forward

17~24: L WALK, BOUNCE, JAZZ BOX, R HITCH, TOUCH BEHIND

- 1 L forward step to L diagonally toward 10:00
open hips L to 10:00, shoulders toward 12:00
- 2 R step forward, toward 10:00
- 3 touch L forward, keep weight more R,
bend knees, small ‘squat’ to start bounce
& push up, straightening knees,
pulse hands downward from elbows
- 4 bend knees again, finishing bounce, weight R
- 5 L step forward, toward 10:00
- 6 R step forward and across to start rotation R
- 7 L step to L side, slightly back,
square up to face 12:00
- & hitch R knee up, draw right shoulder up
- 8 R touch behind L, drop right shoulder

25~32: R WALK, HIP THRUST, JAZZ BOX, KNEE FANS

- 1 R forward step to R diagonally toward 2:00
open hips R to 2:00, shoulders follow
- 2 L step forward, toward 2:00
- 3 touch R forward, pushing hips forward
& push hips back
- 4 push hips forward taking weight on R
- 5 L step forward and across to start rotation L
- 6 R small step back, begin to square to 12:00
- 7 L step next to R, square up to face 12:00
& with feet together, lift heels to push knees
out to sides, slight bounce
- 8 close knees, return to center (weight L*)
*except on 3rd sequence, weight R and
*REPEAT steps 17-32, then RESTART from 1

Continued...

(Let It All Out, continued)

**33~40&: R CROSS, L ¼ BACK, ¾ R CHASE
TURN, PUSH-RECOVER-SWITCH x2**

- 1 R cross over L
- 2 L step back and ¼ R (3:00)
- 3 R forward step ¼ R (6:00)
- & L step forward (6:00)
- 4 ½ R, stepping R forward (12:00)
- 5 L push step forward
- 6 recover weight back onto R
- & L step next to R
- 7 R push step forward
- 8 recover weight back onto L
- & R step next to L

**41~48: FORWARD FOOT BOOGIES, STEP R,
DOUBLE SAILOR STEPS, L BEHIND**

- 1 L heel step forward, toes fan L (out)
R stays ball of foot, heel fan L (in)
- & L toes back to center, release R
- 2 R heel step forward, toes fan R (out)
L stays ball of foot, heel fan R (in)
- & R toes back to center, release L
- 3 L heel step forward, toes fan L (out)
R stays ball of foot, heel fan L (in)
- & L toes back to center, release R
- 4 R small step fwd and slightly R
- 5 L step behind R
- & R small step to R side
- 6 L small step to L side
- & R step behind L
- 7 L small step to L side
- & R small step to R side
- 8 L step behind R

**49~56: ¼ R, L FWD STEP, ½ R, ½ PENCIL
TURN R, R FWD STEP,
L FWD ROCK-RECOVER, L COASTER STEP**

- 1 R forward step ¼ R (3:00)
- 2 L small step forward
- 3 ½ turn R onto R (9:00)
- & ½ turn R, step L next to R (3:00)
- 4 R step forward
- 5 L rock step forward
- 6 recover weight back onto R
- 7 L step back
- & R step next to L (take weight R)
- 8 L step forward

**57~64: R FWD ROCK-RECOVER, TRIPLE ½ R,
L FWD ROCK-RECOVER, L ¼ SAILOR STEP**

- 1 R rock step forward
- 2 recover weight back onto L
- 3 R step ¼ to R side (6:00)
- & L step next to R
- 4 R forward step ¼ R (9:00)
- 5 L rock step forward
- 6 recover weight back onto R
- 7 L sweep step behind R, making 1/8 turn L
- & R step center, while make 1/8 turn L (6:00)
- 8 L step center/ slightly forward

(BEGIN AGAIN, and most certainly DWYF!)

*For the 3rd wall/sequence, dance counts 1-32, repeat counts 17-32, then restart the dance from count 1.

(1st wall starts at 12:00. 2nd wall starts at 6:00. 3rd wall starts at 12:00, repeating counts 17-32 so that you have done these counts two consecutive times through, then resetting the dance back at count 1 so that you are now starting the 4th wall still at 12:00...