

## Laid Back

64 Count, 2 Wall, Improver

Choreographer: Robbie McGowan Hickie (UK) Mar 08

Choreographed to: Laid Back Stone Cold by

Michelle Wright, CD: Boot Scootin' Boogie

(142bpm)

32 Count intro

**Chasse Left. Back Rock. Step. Pivot 1/2 Turn Left. Diagonal Step Forward. Stomp Up.**

1&amp;2 Step Left-to-Left side. Close Right beside Left. Step Left to Left side.

3 – 4 Rock back on Right. Rock forward on Left.

5 – 6 Step forward on Right. Pivot 1/2 turn Left.

7 – 8 Step Right Diagonally forward Right. Stomp up Left beside Right. (6:00)

**Chasse Left. Back Rock. Step. Pivot 1/2 Turn Left. Diagonal Step Forward. Stomp Up.**

1&amp;2 Step Left-to-Left side. Close Right beside Left. Step Left to Left side.

3 – 4 Rock back on Right. Rock forward on Left.

5 – 6 Step forward on Right. Pivot 1/2 turn Left.

7 – 8 Step Right Diagonally forward Right. Stomp up Left beside Right. (12:00)

**Side Step Left. Together. Left Toe Strut. Forward Rock. Touch Back. Reverse Pivot 1/4 Turn Right.**

1 – 2 Long step Left-to-Left side. Close Right beside Left.

3 – 4 Touch Left toe forward. Drop Left heel to floor.

5 – 6 Rock forward on Right. Rock back on Left.

7 – 8 Touch Right toe back. Reverse pivot 1/4 turn Right. (Weight on Right) (3:00)

**Cross Rock. Side Rock. Crossing Toe Strut. 2 x 1/4 Turns Left.**

1 – 2 Cross rock Left over Right. Rock back on Right.

3 – 4 Rock Left out to Left side. Recover weight on Right.

5 – 6 Cross step Left toe over Right. Drop Left heel to floor.

7 – 8 Turn 1/4 turn Left stepping back on Right. Turn 1/4 turn Left stepping Left-to-Left side.

**3 x Toe Points. Hold. & Cross. Hold. 2 x Heel Bounces with 1/2 Turn Right.**

1 – 2 Cross/Touch Right toe Diagonally forward Left. Touch Right toe out to Right side.

3 – 4 Cross/Touch Right toe Diagonally forward Left. Hold.

&amp;5 – 6 Jump/Step ball of Right-to-Right side. Cross step Left over Right. Hold.

7 – 8 Bounce both heels x 2 whilst making 1/2 turn Right. (Weight ends on Left) (3:00)

**Back Rock. Right Shuffle Forward. Forward Rock. 2 x 1/2 Turns Left.**

1 – 2 Rock back on Right. Rock forward on Left.

3&amp;4 Right shuffle forward stepping Right. Left. Right.

5 – 6 Rock forward on Left. Rock back on Right.

7 – 8 Turn 1/2 turn Left stepping forward on Left. Turn 1/2 turn Left stepping back on Right.

**Back Rock. Step Forward. Scuff. Right Jazz Box 1/4 Turn Right. Scuff.**

1 – 2 Rock back on Left. Rock forward on Right.

3 – 4 Step forward on Left. Scuff Right forward.

5 – 6 Cross step Right over Left. Step back on Left.

7 – 8 Turn 1/4 turn Right stepping forward on Right. Scuff Left slightly forward. (6:00)

**2 x Diagonal Steps Forward. Step Back. Hold and Clap. Out-Out. Hold and Clap. Elvis Knees.**1 – 2 Step Left Diagonally forward Left. Step Right Diagonally forward Right.  
(Feet Shoulder Width Apart)

3 – 4 Step Left back into centre. Hold and Clap.

&amp;5 Jump Right Diagonally back and to Right side. Jump Left Diagonally back and to Left side.

6 Hold and Clap. (Feet Shoulder Width Apart) (Weight on Left)

7 – 8 Pop Right knee in across Left. Pop Left knee in across Right. (Weight on Right) (6:00)