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The Heartbeat Dance

32 Count, 4 Wall, Improver

Choreographer: Beatrice Andersson (SWE) May 2015

Choreographed to: Heartbeat Song by Kelly Clarkson

Intro: 36 counts

S1: Step turn step, Hold, Trippel full turn fwd, Hold

1-4 Step forward on R , Turn $\frac{1}{2}$ to left , Step forward on R , Hold .

5-8 Turn $\frac{1}{2}$ stepping back on L , Turn $\frac{1}{2}$ stepping forward on R , Step forward on L, Hold . (6)

S2: Mambo step, Hold, Coaster step, Hold

1-4 Rock forward on R, Recover onto L, Step R beside L, Hold.

5-8 Step back on L, Step R beside L, Step forward on L, Hold. (6)

S3: Lockstep R fwd, Scuff, Lockstep L fwd, Scuff

1-4 Step forward on R, Lock L behind R, Step forward on R, Scuff Lfoot.

5-8 Step forward on L, Lock R behind L, Step forward on L, Scuff R foot. (6)

S4: Toe strut x2, Monterey R, Monterey $\frac{1}{4}$

1-4 Step forward on R toe, Drop R heel, Step forward on L toe, Drop L heel.

5-8 Point R to right side, Step R beside L, Turn $\frac{1}{4}$ right and point L to left side, Step L beside R. (9)

Tag after wall 10:

1-4 Step forward on R, Turn $\frac{1}{4}$ to left, Step forward on R, Turn $\frac{1}{4}$ to left.

Start the dance from the top again.

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