



Approved by:



Silver Moon

4 WALL - 64 COUNTS - INTERMEDIATE

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1 1 - 2 3 & 4 5 & 6 & 7 - 8 Restart 1	Back Rock, Forward Shuffle, Side Switches, Step Forward, 1/4 Turn Right Rock right back. Recover onto left. Step right forward. Close left beside right. Step right forward. Touch left toe to side. Step left together. Touch right toe to side. Step right together. Step left forward. Turn 1/4 right (weight to right). Wall 2 (facing 6:00): at this point restart dance again from beginning.	Back Rock Right Shuffle Touch & Touch & Step Turn	On the spot Forward On the spot Turning right
Section 2 1 - 2 3 - 4 5 & 6 7 & 8	Step, 1/4 Right, Step, 1/4 Left, Sailor Step, Hold, Together, Side Step left forward. Turn 1/4 right (weight to right). (6:00) Step left forward. Turn 1/4 left and step right to side. (3:00) Cross left behind right. Step right to side. Step left to side. Hold. Step right together. Step left to side.	Step Turn Step Turn Sailor Step Hold Together Side	Turning right Turning left On the spot Left
Section 3 1 & 2 3 - 4 5 - 6 7 & 8	Hitch & Touch, 1/4 Left, Step Back, Back Rock, Forward Shuffle Hitch right knee. Step right together. Touch left toe to side. Turn 1/4 left. Step left back. (12:00) Rock right back. Recover onto left. Step right forward. Close left beside right. Step right forward.	Hitch & Touch Turn Back Back Rock Right Shuffle	On the spot Turning left On the spot Forward
Section 4 1 - 2 3 & 4 5 - 6 7 & 8	Step, 1/2 Right, 1/2 Shuffle Right, Back Rock, Kick Ball Change Step left forward. Turn 1/2 right (weight to right). Turn 1/4 right and step left to side. Step right together. Turn 1/4 right and step left back. Rock right back. Recover onto left. Kick right forward. Step right together. Step left in place.	Step Turn Shuffle Turn Back Rock Kick Ball Change	Turning right On the spot
Section 5 1 - 2 3 - 4 5 - 6 & 7 - 8 Restart 2	Toe Strut, Forward Rock, Step Back, Hold, & Step Back, Hold Step right toe forward. Drop right heel taking weight. Rock left forward. Recover onto right. Step left back. Hold (and clap). Step right together. Step left back. Hold (and clap). Wall 4 (facing 9:00): at this point restart dance again from beginning.	Toe Strut Forward Rock Back Hold & Back Hold	Forward On the spot Back
Section 6 1 - 2 3 & 4 5 & 6 7 - 8	Back Rock, Kick, Out, Out, Sailor Step, Forward Rock Rock right back. Recover onto left. Kick right forward. Step right to side. Step left to side. Cross right behind left. Step left to side. Step right forward. Rock left forward. Recover onto right.	Back Rock Kick Out Out Sailor Step Forward Rock	On the spot On the spot
Section 7 1 - 2 Option 3 - 4 5 - 6 7 & 8 Note	Full Turn Left, Back Rock, Step, 1/4 Right, Diagonal Cross Shuffle Turn 1/2 left and step left forward. Turn 1/2 left and step right back. Replace full turn with walk back left, right. Rock left back. Recover onto right. Step left forward. Turn 1/4 right (weight to right). Cross left over right. Step right diagonally forward. Cross left over right. The above cross shuffle travels forward to the right diagonal.	Full Turn Back Rock Step Turn Cross Shuffle	Turning left On the spot Turning right Right
Section 8 1 - 2 3 - 4 5 & 6 Note 7 - 8	Touch, Cross, Side Rock, Diagonal Cross Shuffle, Touch, Hold Touch right toe to side. Cross right over left. Rock left to side. Recover onto right. Cross left over right. Step right diagonally forward. Cross left over right. The above cross shuffle travels forward to the right diagonal. Touch right to side. Hold.	Touch Cross Side Rock Cross Shuffle Touch Hold	On the spot Right On the spot

Choreographed by: Kate Sala (UK) August 2007

Choreographed to: 'Tired Of Being Sorry' by Enrique Iglesias (122 bpm) from CD Insomniac; also downloadable from iTunes (32 count intro)

Restarts There are 2 Restarts, during Walls 2 and 4